

TRAUMA INFORMED SYSTEMS 101

WHEN:

August 15, 2019

TIME:

1pm - 4:30pm

WHERE:

1900 Embarcadero, Suite 101,
Brooklyn Basin Room, Oakland, 94606

REGISTRATION:

Register here: <http://alameda.netkeepers.com>
Registration assistance: training.unit@acgov.org;
Training Unit Contact: Ph: 1- 510- 567- 8113

COURSE DESCRIPTION

The TIS 101 is a basic 3.5 hour training to understand how trauma and stress impacts developing bodies and brains, communities, organizations and systems. The goal of this training is to bring a cross- section of our workforce together (administrative supports, clinical and non-clinical staff, leadership, etc.) to develop shared language and understanding of what it means to be a trauma- informed organization and apply common practices to help our communities heal.

LEARNING OBJECTIVES

- Understand three (3) effects of trauma on our brains and bodies
- Understand the core principles of trauma-informed care and identify at least one (1) way to apply these principles to practices
- Learn three (3) strategies to develop organizational resilience and trauma- informed responses
- Learn about two (2) impacts of organizational trauma on the ways we function as organizations and individuals
- Identify self- and co- regulation strategies and tools to apply in practice settings

PRESENTER

Paula Gonzalez, MSW

Paula Gonzalez, a native Spanish speaker, was born in Chile and raised outside of Boston, MA. Paula has her Masters in Social Work and Pupil Personnel Services Credential (PPSC) from San Jose State University. For the past eight years, Paula has provided school-based therapy and case management for youth and their families in the East Bay through various forms of expressive arts and interactive media. In addition to providing therapy, Paula has developed school interventions to support the broader social and emotional needs of children in school settings. Paula is currently consulting for Trauma Transformed and is excited to be working on various trauma informed systems change initiatives.

CONTINUING EDUCATION

This course meets the qualifications for 3 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences

To receive CE credit you MUST sign and include your license number on both the Sign-In and Sign-Out Sheet. CE Certificates will be sent within 30 days via email to the address you used to register for the training. EBAC is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs and/or LPCCs under the California Board of Behavioral Sciences Provider # 138020. EBAC maintains the responsibility for this program/course and its content.

TIS 101 A G E N D A

1:00 - 1:10pm	Welcome and Opening
1:10 - 2:00pm	Understanding Stress and Trauma
2:00 - 2:40pm	Cultural Humility and Equity
2:40 - 2:50pm	Break
2:50 - 3:15pm	Safety and Stability
3:15 - 3:30pm	Compassion and Dependability
3:30 - 3:40pm	Break
3:40 - 3:50pm	Collaboration and Empowerment
3:50 - 4:05pm	Resilience and Recovery
4:05 - 4:20pm	Commitment to Organizational and Practice Change
4:20 - 4:30pm	Closing and Evaluation

FOR COUNTY TRAININGS:

- FEE: This training is free of charge
- CANCELTION POLICY: Cancellation requests must be made in writing.
- Accommodations: Please contact training unit listed above.

